

#### LADIES CLASSIC SPA

Enjoy a 60 minute Customized Massage followed by a 60 minute Classic Facial and your choice of a 45 minute Classic Manicure or Classic Pedicure.

2.75 HOURS - \$349

#### LADIES SIGNATURE SPA

Your sensory journey begins with a 75 minute Dream Cloud Massage followed by a 60 minute Customized Organic Facial. Complete your experience with a 60 minute Signature Pedicure.

3.25 HOURS - \$389

#### LADIES ULTIMATE SPA

A day of luxury awaits you! Indulge in our 60 minute Customized Massage, 75 minute Corrective Facial, 45 minute Classic Manicure and 45 minute Classic Pedicure. Lunch is included.

4.25 HOURS - \$469

#### MENS CLASSIC SPA

Enjoy a 60 minute Customized Massage followed by a 45 minute Sports Pedicure.

1.75 HOURS - \$205

#### MENS SIGNATURE SPA

Unwind and recharge with a 60 minute Customized Massage followed by a 60 minute Gentlemen's Refining Facial and a 45 minute Sports Pedicure.

2.75 HOURS - \$349

#### **CUSTOMIZED MASSAGE**

60 MIN. - \$299/COUPLE 90 MIN. - \$399/COUPLE

#### **HOT STONE MASSAGE**

60 MIN. - \$329/COUPLE 90 MIN. - \$429/COUPLE

## **COUPLES WRAP**

Each quest can select from our three Eminence Organic Wrap options and enjoy this luxurious wrap and scrub side-by-side in our Couples Room.

60 MIN. - \$319/COUPLE

#### **COUPLES FACIAL**

Perfect for best friends, mom and daughter or couples, choose from either our Classic Facial or Customized Organic Facial

60 MIN. - \$319/COUPLE

#### RED EARTH ROMANCE PACKAGE

Your journey begins with a 30 minute private plunge in our Geisha Tub. Your soak will be enriched with your choice of an aromatic essential oil blend. Adding to the tranquility, you will receive side-by-side 60 minute Customized Massages.

90 MIN. - \$349/COUPLE

#### DEEP EARTH ROMANCE PACKAGE

Your experience begins with a 30 minute private plunge in our Geisha Tub enriched with your choice of an aromatherapy oil blend. Next, enjoy side-by-side 60 minute Customized Massages. Continue your journey with side-by-side 60 minute Signature Pedicures. Lunch is also included.

3 HOURS - \$535/COUPLE

# WAXING & TINTING 💩





#### **WAXING: Eve Brows** \$20 **Brazillian** \$80 \$20 Bikini \$50 Upper Lip \$20 Lower Lea w/Bikini \$80 Chin \$95 \$35 Full Leg w/Bikini Brow & Lip Full Arm \$45 Full Lea \$65 Half Arm \$35 \$45 Lower Lea Underarm \$35 Back \$65

#### TINTING: **Eve Brow Tint** \$20 **Eye Lash Tint** \$25 \$35 Eye Brow Tint with Wax \$40 Eye Brow & Lash Tint **Amazing Eyes Package** \$55

Eye brow shape, tint & wax plus an eye lash tint



Enjoy the spa facilities for the day Please inquire with Spa Reception regarding availability

\$29



BANFF CARIBOU LODGE

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# INFORMATION 👙



#### HOURS OF OPERATION

#### **SPA & FITNESS FACILITIES**

The co-ed hot pool, steam room and exercise facilities are complimentary to all guests of the Red Earth Spa.

#### SPA ARRIVAL

#### SPA ENVIRONMENT

#### CANCELLATIONS

Appointment changes or cancellations made within 24 hours of the treatment

#### SPA ATTIRE

#### ENHANCING YOUR SPA EXPERIENCE

#### **GRATUITIES AND TAXES**

Gratuities are at your discretion. 5% GST will be added to all prices shown. Group bookings will be subject to an automatic 18% gratuity.

PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

# Red Earth Spa Red Earth Spa

BANFF CARIBOU LODGE

COMFORT

HARMONY

WELLNESS



SPA MENU



#### LUXURY RELAXATION TREATMENT

Whether you are looking for pure relaxation or relief from tired, sore muscles, this treatment will leave you feeling rejuvenated and de-stressed. Begin with a hot water plunge infused with an aromatherapy oil of your choice in our private Geisha Tub followed by a 60 minute Customized

90 MIN. - \$175

#### DREAM CLOUD MASSAGE

Incorporating our Signature Floral Dream Cloud Bath and Body oil, this aromatherapy massage will melt your stress away. Start with a 45 minute customized massage, followed by a 30 minute foot and scalp massage. As our gift to you, take home your bottle of Dream Cloud oil and continue your relaxation long after you leave.

75 MIN. - \$175

#### HOT STONE MASSAGE

Your body is massaged using soothing, heated stones which draw tension and stress from the muscles. Tension is relieved, the mind is calm and the body is relaxed, promoting overall well-being.

> 60 MIN. - \$155 90 MIN. - \$205

#### FOOT MASSAGE

This soothing treatment begins with hot, aromatic compresses on your feet followed by a relaxing foot massage to relieve tense, tired feet.

30 MIN. - \$79

#### CUSTOMIZED MASSAGE

Choose from a variety of massage therapy options to treat your specific needs. Please specify upon booking your massage treatment preference.

#### Relaxation

This deeply relaxing and soothing massage uses light to medium pressure and long, smooth strokes to reduce tension and stress and gently increase circulation.

#### Therapeutic

A deep tissue massage designed to target your areas of concern. Relieve muscle stiffness and tension, increase mobility, ease pain and enhance muscle recovery.

#### Reflexology

This massage applies pressure to reflex points on the bottom of the feet to relieve tension, encourage healing and improve overall health. The 90 minute service includes 60 minutes of Reflexology and a 30 minute head, neck & shoulder massage.

#### Shiatsu

An ancient Japanese technique that focuses on pressure points of the body. Using the fingers, thumbs and palms the therapist applies pressure to specific points on the body's energy pathways, restoring the healthy flow of energy throughout the body.

> 30 MIN. - \$79 45 MIN. - \$109 60 MIN. - \$139 90 MIN. - \$189

#### ORGANIC BODY WRAPS

Using Eminence Organic face and body products, our wraps are designed to meet all your skincare needs. Each treatment includes an exfoliating sugar scrub, hydrating body wrap with a hot towel removal, Hungarian mini facial with a gentle enzyme peel and a scalp massage to complete this treatment leaving you feeling revitalized from head to toe.

60 MIN. - \$149

#### REJUVENATE with Chocolate & Coconut

This treatment will envelope you in decadent chocolate and luscious coconut to detoxify, soften and hydrate the skin. Our herbal mud treatment gently exfoliates lack-luster skin leaving a healthy glow.

#### NOURISH with Pear & Green Apple

Calm and soothe your skin while the scents of pear and green apple awaken and uplift your senses. Your skin is left hydrated, toned and feeling pear-fect!

#### INVIGORATE with Cinnamon & Cranberry

Hints of cinnamon and paprika give spice to this wrap while cranberry adds just a hint of sweetness. Ideal for targeting cellulite by encouraging oxygen flow to the body's tissues, this wrap is warming, stimulating and energizing.

#### REVITALIZING BODY POLISH

Begin with an invigorating dry brush exfoliation infused with essential oils to renew dull, dry skin. An application of Honeydew Body Lotion will leave your skin hydrated and nourished. Drift away as your experience is completed with a relaxing scalp massage. Continue your treatment at home with a complimentary dry brush.

45 MIN. - \$119

#### MASSAGE & BODY TREATMENT ADD-ONS:

Designed to enhance your massage or body treatment experience, these add-ons can be incorporated into most services. Please request at time of

Foot Massage with hot compress and luxurious foot lotion

15 MIN. - \$39

Scalp Massage infused with an aromatherapy blend

15 MIN. - \$39

Reiki restore balance and create synergy within your bodies natural 15 MIN. - \$39 healing points

Paraffin Dip for hands or feet

15 MIN. - \$29

Soothe aching joints and improve circulation with our warm wax treatment



#### ANTI-AGING FACIAL

This luxurious, anti-aging treatment is ideal for dehydrated, aging, or problematic skin types. Microdermabrasion provides gentle exfoliation, stimulating the production of healthy cells, collagen and elastin. Your skin will appear softer, smoother and brighter.

90 MIN. - \$199

#### **CORRECTIVE FACIAL**

This facial incorporates a mild, non-invasive peel suitable for most skin types. Designed to minimize the appearance of surface lines, aid in clearing acne and help fade hyperpigmentation. Choose your experience with our Signature Organic or Advanced Pharmaceutical care line to provide you with a treatment that is specifically designed to meet your skin care needs. A face, neck, scalp, hand and foot massage complete this results-oriented facial treatment.

75 MIN. - \$189

#### CLASSIC FACIAL

This deep cleansing facial includes a professional skin analysis followed by an exfoliation, masque and facial massage. Our Pharmaceutical care line will enhance and brighten your skin, giving you the results you desire. Your skin will feel nourished, balanced and comforted.

60 MIN. - \$149

#### CUSTOMIZED ORGANIC FACIAL

This indulgent, organic facial using products full of fruits, vegetables, herbs and spices, will leave your skin feeling vibrant and looking radiant. Erase pigmentation, reduce skin redness, clear away acne or diminish the signs of aging and start your pathway to beautiful skin!

60MIN. - \$149

#### GENTLEMEN'S REFINING FACIAL

Ideal for all skin types, this facial experience includes a clarifying masque, facial massage and exfoliation to refine and repair the skin. Massage work on the hands, feet and scalp is also included.

60 MIN. - \$149

#### REFRESHER FACIAL

Refresh your skin with this express facial. A cleanse, tone, exfoliation and masque under steam will enliven your skin and restore a healthy glow!

30 MIN. - \$79





# HANDS & FEET 🌭



#### SMOOTH EARTH SIGNATURE PEDICURE

This deluxe treatment for your feet begins with a relaxing soak, followed by cuticle work and nail shaping. A gentle exfoliation and scrub followed by a paraffin treatment leaves legs and feet smooth and hydrated. Finish with an aromatic lower leg and foot massage and polish application.

60 MIN. - \$89

#### CLASSIC PEDICURE

This pedicure has all the essentials for your feet. A relaxing foot soak, cuticle work and nail shaping are followed by a soothing foot and lower leg massage and completed with a polish application.

45 MIN. - \$79

#### SPORTS PEDICURE

Revive weary feet with a foot soak, cuticle work and nail shaping. A lower leg and foot massage to finish leaves your feet feeling refreshed and renewed.

45 MIN. - \$79

#### PROMPT PEDICURE

This dry, express pedicure includes nail shaping, an invigorating sugar scrub on the feet and lower legs and a polish application to give your feet a quick pick me up!

30 MIN. - \$59

SPA FOR YOUNG GIRLS (6-12 years old only)

Mini Manicure or Mini Pedicure

Nail shaping & polish application. 15 MIN. - \$25/\$35

#### SMOOTH EARTH SIGNATURE MANICURE

This luxurious treatment for your hands includes a hand soak, masque. soothing massage and hydrating, warm paraffin to leave your hands silky smooth. Nail shaping, cuticle work and polish application are included.

60 MIN. - \$79

#### CLASSIC MANICURE

Restore your busy hands with this essential hand treatment. An aromatic soak, nail shaping and cuticle work are followed by a soothing hand and arm massage and completed with your choice of polish.

45 MIN. - \$69

#### PROMPT MANICURE

This dry, express manicure includes nail shaping, a hydrating sugar scrub on the hands and arms and a polish application for a quick rejuvenation!

30 MIN. - \$49

## FRENCH FINISH UPGRADE

15 MIN. -\$15

Polish can be upgraded to a French Finish in any treatment

## LIGHT CURED MANICURE & PEDICURE ADD-ONS:

Please specify upon booking your add-on preference

15 MIN. - \$20 Artistic LED Lacquer Nail Colour 15 MIN. - \$25 Artistic LED Lacquer French Finish

15 MIN. - \$10 Shellac Removal

Complimentary removal when adding an Artistic LED Lacquer.